



"I am the potter and you are the clay." Jeremiah 18:6

The Well, a UMC, Rosemount, MN
JANUARY 19 - FEBRUARY 23, 2020

EXPERIENCES ASSESSMENT

How Do You Use Your Experience?

Here are three steps that you can take that will help you make the most of your experiences:

1. Examine Your Experiences.

Think about your painful problem. What happened? How did you react? How did it impact you? Unexamined experience is wasted (Gal.3:4). Experience only teaches the teachable.

2. Submit To The Lord.

None of the purposes that God has in mind for us occurs automatically. Now that we know that these are God's purposes, ask for wisdom in God's will and purposes for our lives.

3. Be Open To Helping Others.

As you heal, God encourages you to use your hurt to minister to others. God wants you to use that experience to encourage and help others who are going through it.

EXPERIENCES QUESTIONNAIRE

1. **EXPERIENCES** - *Family and Relational*

Describe your relationship with the following groups: your parents, brothers and sisters, and your friends. How did each group influence your life?

2. **EXPERIENCES** - *Educational*

Describe school training, the influence of teachers, as well as other educational experiences that have been particularly meaningful, either positively or negatively.



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3. **EXPERIENCES** - *Spiritual*

Describe your spiritual journey. How did you come to have a personal relationship with Jesus Christ and what has your spiritual life looked like since that time?

4. **EXPERIENCES** - *Vocational/Ministry*

Describe the places where you have worked, your relationship to supervisors and career choices. How has each influenced your life? Describe, as well, any meaningful, difficult or fulfilling ministry experiences you have had.

5. **EXPERIENCES** - *Painful*

Describe, as best you can, the painful experiences that have been turning point experiences in designing who you are today.

6. **EXPERIENCES** - *Other*

Describe any other significant experiences that have contributed to your unique design.

Next step:

Transfer your answer to the DESIRES section in the provided DESIGN work packet.